



5th Asian Para-canoe Championships

And

Para Canoe Classification

20th - 26th March 2020

Pattaya, Thailand

Bulletin # 1



1. GENERAL INFORMATION

- 2.1 Event Title: 5th Asian Paracanoe Championships
2.2 Event Date: 26th -29th March 2020
2.3 Organization: The Rowing & Canoeing Association of Thailand
2020 Canoe Sprint Competition Committee
2.4 Key Contacts: oc2.rcat.sprint@gmail.com, office@rcat.or.th
RCAT Office address: 286 Ramkhamhaeng Rd., Hua Mark,
Bangkapi, Bangkok 10240
Tel & Fax +66 (0)2 170 9235-6

The Rowing and Canoeing Association of Thailand.

President: Adm. Chainarong Charoenruk
Secretary: RAdm. Narupon Kirdnak
Address: The Rowing and Canoeing Association of Thailand (R.C.A.T.)
18th Floor, Chalearmprakeat Building,
286 Sport Authority of Thailand Ramkhamhang rd.
Huamak, Bangkapi, Bangkok 10240
Tel: +66 2170 9235
Fax: +66 2170 9236
E-mail: office@rcat.or.th
Website: www.rcat.or.th

Chief Official: Chair of ACC Paracanoe Committee & ICF Advise, Capt. Hassan Teimourtash, taymourtash@yahoo.com

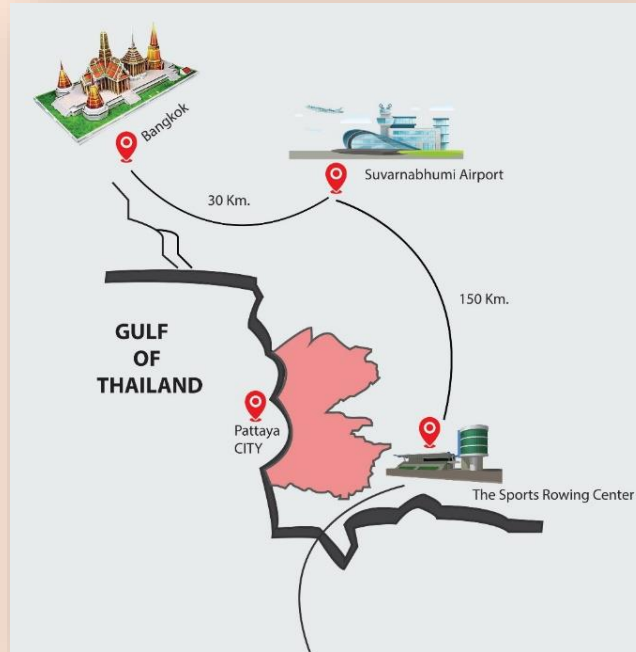
Organizing Committee

Chairman : RAdm. Narupol Kirdnak
Vice Chairman : Capt. Wiwat Kwansungnern
: Capt. Nopporn Theptoranee
: Dr. Annuay Tanphanich
Venue Manager : Capt. Norrapat Ta-In
Competition Manager : Dr. Tanormsak Sanakham
Technical delegate (ACC) : Capt. Hassan Teimourtash
General affairs : Capt. Sutree Markird
Transportation/Logistic : Capt. Chaoyut Wisatsuwat
Secretary (Contact Person) : Capt. Jirames Wongsanittadech (+66979463592)
Deputy Secretary (Contact Person) : Cdr. Preecha Phuangphairote (+66816165684)
E-mail: oc2.rcat.sprint@gmail.com, office@rcat.or.th, tukky1972@gmail.com,



2. LOCATION AND VENUE

2.1 Overview



The Rowing and Canoeing training Center is situated, some 140 km southeast of Bangkok, at Khlong Bang Phai Reservoir. The estimate terrain elevation above sea level is 49 meters. Located only a few minutes away from the very popular Pattaya beach, with the new artificial whitewater center that is being designed and constructed to be a world-class Rowing and Canoeing venue. The water to be used in the course will be from Khlong Bang Phai Reservoir. This venue was open for 2017 Asian Canoe Championships. & Asian Para Canoe Championships.





3. KEY DATES AND PROVISIONAL COMPETITION SCHEDULE

	Start	Finish
Official Training Period, Athletes Classification required	20 th March 2020 09:00 AM.	25 th March 2020 (Morning) 06:00 PM.
Team Leaders Meeting:	24 th March 2020 (afternoon)	
Course closed for construction	25 th March 2020 (afternoon)	
Championships period	26 th March 2020	
Main deadlines		
Boat rental: www.nelorental.com	31 st December 2019	
Numerical Entries Form (Appendix 1)	1 st February 2020	
Visa Application Form (Appendix 3)	1 st February 2020	
Booking Hotel Form (Appendix 4)	1 st February 2020	
Nominal Entries Form, (Appendix 2)	1 st March 2020	
Flight Information Form (Appendix 5)	1 st March 2020	
Financial Assistance request	10 th February 2020 *	
Classification forms	10 th February 2020 *	

***THE ICF HAS LIMITED FUNDING TO ASSIST ATHLETES TO ATTEND THE COMPETITION.**

National Federations need to ensure the athletes meet minimum eligibility requirements to apply for funding; see ICF website for Paracanoe Classification standards. Applications need to be sent to jhedwards@canoekayak.ca

Classifier:

Athlete Classification will occur on Monday 23rd March by Michel Alarcon, Paracanoe and Anti-Doping Manager from International Canoe Federation (ICF) on behalf Mr. John Edwards, ICF Paracanoe Chair & ICF Technical Delegate and Asian physiotherapist, physician, and classifier.

All athletes have to be classified by their own federation.



4. EVENT AND COMPETITION INFORMATION

4.1 Events

Paracanoe Men				Paracanoe Women			
Kayak 200 m.	KL1	KL2	KL3	Kayak 200 m.	KL1	KL2	KL3
Va'a 200 m.	VL1	VL2	VL3	Va'a 200 m.	VL1	VL2	VL3

4.2 Notable Rules for Paracanoe:

- 4.2.1 National Federations are permitted two entries in each Paracanoe events
- 4.2.2 Athletes are only permitted to race in the class in which they are classified; ie. KL1 athlete can only race in KL1
- 4.2.3 Spray skirts/Spray decks are not permitted for Paracanoe classification or Paracanoe races unless approved by the Chief official
- 4.2.4 Kayaks are only permitted to have one rudder under the hull. Hence, skegs and/or projecting keels are not permitted
- 4.2.5 Boat Dimensions & Weight (ICF Paracanoe Competition Rules – Section 7.2)

Boats	Kayak	Va'a
Max. Length	520	730
Min. Width	50*	
Min. Weight	12	13**

NOTE: * Measured 10 cm from the bottom of the hull.

**Including hull, alma & iatco. All measurements in cm and all weights in kg.

4.3 Uniform All members of the same crew shall compete with the same uniform clothing and in the official uniform of their respective National Federation.

4.4 Photograph All participants must email their photos with the following specifications: 3x4 pictures in a presentable quality for the Accreditation card.

Participants without a suitable photo cannot register for the Championships.

Please remember that this photo will be printed on your ID card.

You can send your national anthem via email to the Organizing Committee beforehand.



4.5 Accommodation



Ambassador City Jomtien Pattaya will be the Official Hotel. Bookings should be made through the Organizing Committee before **1st February 2020**

4.5.1 Ocean Wing (Deluxe room)

Single Room	USD 110/person/night including 3 meals
Twin-room Sharing	USD 95 /person/night including 3 meals

4.5.2 Tower Wing (Superior room)

Single Room	USD 95/person/night including 3 meals
Twin-room Sharing	USD 80 /person/night including 3 meals

4.5.3 Garden Wing (Standard room)

Single Room	USD 85/person/night including 3 meals
Twin-room Sharing	USD 70 /person/night including 3 meals

4.6 Transportation:

Organizing Committee will arrange the local transportation from the venue to hotel and also turn during the event.

- Suvarnabhumi International Airport and Donmeang International Airport to Ambassador City Pattaya 70 USD/person. (Round trip)
- U-Tapao International Airport to Ambassador City Pattaya 20 USD/person. (Round trip)

4.7 Competition Regulations:

The competition rules and regulations shall follow the ICF Canoe Sprint Competition Rules 2019. https://www.canoeicf.com/sites/default/files/rules_canoe_sprint_2019.pdf



4.8 Registration and Accreditation

4.5.1 Entries and accreditations requests must be made by each National Federation using the ICF's online entries system (SDP): <https://icf.msl.es/icf/icf.jsp>

4.5.2 and fill document in appendix form accreditation requests sent directly to the organize committee or the event organizer.

4.9 Boats and Equipment

- Buoys Lane: 200 m. x 9's 9 m.
- Starting Automatic starting system: 9's starting pontoon
- Timing system: Semi manual timing with Photo finish
- Embarkation & Disembarkation pontoon: one each
- All boats and other equipment must comply with ICF Rules of Racing.
- Participating teams will be encouraged to bring their own boats and equipment if possible. Official boat supplier, Nelo, will provide boats for participants if they are unable to bring own material.
- If you do not bring own boats, you should contact www.nelorental.com for your boat rental before **31st Dec 2019**. Boats Rental will be only provided to NFs requesting boats equipment to Nelo. After this date, there is no guarantee of boat availability.
- Contact E-mail: andre.santos@nelo.eu
- Website: www.nelorental.com
- The new boat rental charges are as follows 350 USD / Boat / Event.
- Please note that all the boat rental must have deposit \$ 100/boat.

Official Shipping Agent

If Nfs want to bring own boats by container, please contact to below,

Official Freight Forwarder: Ocean Air International Co., Ltd.

Address: 1249/219 Gems Tower 38th Chareonkrung Rd., Suriyawongse, Bangrak, Bangkok 10500

Contact person: Ms. Sirirat Ratthajorn (Sales Manager)
Email: sirirat@oceanairinter.com

Contact person: Ms. Jidapa Chirapong (Oversea Correspondence)
Email: jidapa@oceanairinter.com
TEL: +66 2267 4949 – 53
FAX: +66 2267 4954 or +66 2266 5554
E-MAIL: jidapa@oceanairinter.com

4.10 Award of the Medals

Winners of the 18th Asian Canoe Sprint Championships shall be awarded Gold, Silver and Bronze medals according to their performances under the following condition: One medal for one National Federation. In the case of more than one top athlete from the same National Federation, the best performer shall be awarded the medal in that respective place and next medal shall go to the next best one from different National Federation.



5. ENTER THE KINGDOM

5.1 Visa Application

Thailand has established bilateral agreements with 31 countries/territories to enter the country without a visa/visa exemption. The nationals of ten ASEAN countries, Chinese Taipei, Hong Kong, Japan, Korea, and Macau, are permitted to stay in the Kingdom for a period of not exceeding 30 days without a visa. To ensure a hassle-free arrival, please study the detailed information on regulations and conditions at the Ministry of Foreign Affairs' website: <http://www.mfa.go.th/main/en/services/4908/15405-General-information.html>. We are pleased to help you with the invitation letter upon request. The Team Manager of each NF is requested to compile details for respective members using the below table and email to: oc2.rcat.sprint@gmail.com

[Details to complete \(Appendix 3\)](#)

5.2 Insurance and Good State of Health/Fitness

As per ICF Competition Rules 2019 section 1.3.3 and 1.3.4, each National Federation must ensure that their athletes are in a good state of health and fitness and National Federation must ensure that their athletes, team officials, as well as the National Federation itself, carry appropriate health, accident, and personal belongings insurance.

6. OTHER

6.1 Temperature in March

The weather in Thailand is hot all year round and the temperature during March is between 26-36 degrees Celsius and may exceed 38 degrees on some days. There is a 15% chance of rain (average 55mm). The relative humidity is 70%.

Clothing to bring along during your trip. Make sure to bring along light clothes, sun block, sunglasses, and mosquito/insect repellents. Avoid direct sunlight during the day and regularly sip drinking water.

6.2 Language

Thais speak the Thai language and have our own Pali-based writing script which was created some 700 years ago during the Sukhothai period. Although English is learned as a second language in schools and university, most Thais are too shy to speak English to foreigners. Our practical weapon is "smile".

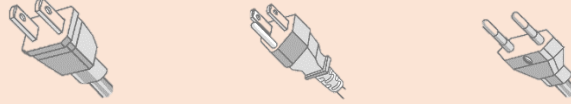
6.2 Currency

Currency in Thailand is Thai Baht. Thai Baht bills range from 20, 50, 100 and 1,000 while 2, 5 and 10 Baht are in coins. The average exchange rate is approx. 33 THB for one USD\$ or 36 THB for one EUR. With a Visa or MasterCard, you can easily withdraw money from many ATM machines easily found in front of most convenient stores, gas stations, etc. There will be a 220 THB fee per withdrawal regardless of the amount you take out.



6.3 Electricity

The electrical voltage is 220V AC. Power outlets most commonly feature two-prong round or flat sockets (the U.S. and Europe type).



Electrical appliances from 110V countries are not recommended to bring along. If not otherwise written on the appliance that it runs from "110-240V".

For a portable computer, make sure that it is auto-sense and auto-switch between 100 and 240 volts by checking sign on the power adapter or the power ratings on the back or underneath the computer. Make sure you have data backups.

6.4 Mobile Phone Systems.

There are three main mobile phone service providers in Thailand: AIS (also known as One-2-Call), True Move and DTAC, operating on a 4G network. All offer 'pay as you go' deals for short and long-term travelers.

For a short visit, getting a plan at the airport is a good choice (AIS and True shop are situated in the arrival Terminal 2nd floor). There you can find tourist-targeted plans that provide internet, calling and texting for shorter time spans. The plans may not be available in general stores in town.

Popular plans include daily, weekly and monthly deals that suit much of any traveler's schedule.